



Energy Protection & The Power of Colour

A quick guide to the colours to use to protect and shield your energy field.

White: Universal Shield, the shield of colour to use when you are unsure of colour would be best.

Yellow: Learning & Confidence

Green: Healing & Abundance

Purple: Spiritual Protection & Psychic Insights

Blue: Communication & Rapport

Gold: Connection to the Divine & Upgrading Your Vibration

Pink: Love and Harmony

Red: Passion & Strength

Orange: Creativity & staying in the Zone